



**Midcoast Public Health Council
Meeting Minutes – June 13, 2023
ZOOM**



Attendance: **Adrienne Gallant**, Pen Bay Medical Center; **Al May**, Maine CDC; **Amanda Bowen**, FindHelp; **Andrea Saniuk-Gove**, Midcoast Hospital; **Becky Boober**, Knox County Community Health Coalition; Pen Bay YMCA; **Brooke Payne**, Maine CDC Public Nurse; **Christine Lyman**, Public Health Consultant Brunswick; **Christopher Morin**, Morin Associates, LLC; **Connie Putnam**, Penobscot Bay YMCA; **Courtney Vannah**, Oral Health Initiatives, MCD Global Health; **Ellen Freedman**, MaineHealth; **Emily Whitaker**, UNE Student; **Gabe O’Brien**, Maine Youth Action Network; **Harper Chance**, Maine Youth Action Network; **Jamie Lovely**, KCCHC/Penobscot Bay YMCA; **Katie Tarbox**, MCH; Maine DHHS; **Lindsey O’Hara**, Maine CDC; **Mark Glovin**, Penquis; **Meghan Richards**, Maine CDC; **Melissa Maurais**, Maine DHHS; **Meredith Batley**, Knox Clinic; MaineHealth; **Michaela LeVine**, Waldo County General Hospital; **Michaela Schoeffler**, LincolnHealth; **Michelle Fong**, Midcoast; **Molly Feeney**, Knox County Homeless Coalition; **Rebekah Sousa**, Maine Department of Education; **Shawn Peterson**, Maine CDC; **Susan Dupler**, Belfast Public Health Nurse

AGENDA	DISCUSSION	ACTION(S) AND RESOURCES
Welcome/Introductions	Chris Lyman led the welcome/introductions.	
Consent Agenda/Council Minutes	These were approved as distributed.	
District Updates	Drexell provided update about recent HAN in regard to an increase in rabies.	
Maine Prevention Network (MPN) Update - District 4/Midcoast MPN Team	Becky Boober and Team from MPN network discussed efforts in Knox, Waldo, Lincoln and Sagadahoc counties to address tobacco abuse. They provided examples of efforts to reduce youth use of vaping during the first quarter of the grant year. Also re-branded with Lincoln Health to QuitLink. Discussed second targeted audience of Maine Fisherman due to high rates (45%) tobacco abuse. Considering outreach to Maine Coast Fisherman’s Association and Fisherman’s Forum.	
FindHelp Overview, Benefits, and How to	Amanda Bowen, FindHelp Community Engagement Manager for New England, walked through the FindHelp portal and showed attendees how to search for	Link to FindHelp

<p>Enroll -Ellen Freedman (MaineHealth) and Amanda Bowen</p>	<p>and add resources.</p>	<p>Link to Presentation</p> <p>For more information: Ellen.Freedman@mainehealth.org Amanda Bowen (abowen@findhelp.com)</p>
<p>Break Out Rooms</p>	<p>Networking and collaborating on DPHIP planning and updates.</p> <p>Access to Care:</p> <ul style="list-style-type: none"> • MaineHealth partners have all adopted FindHelp use as a CHIP strategy, and are working to increase CBO listings & provider use. • The team invited everyone to review resource listings and let the team know of particularly helpful local agencies we should highlight for users. • Melissa will let the group know when this is scheduled as a DCC meeting topic, and group will identify helpful speakers at that point • MaineHealth members will identify leader meetings for Courtney to present provider dental resources and ideas to. • Jemma will investigate resources in Waldo/Knox (eg first tooth, or warm hand off) and report back to the team. • Dental hygienist are being included in many School Based Health Centers – Courtney & Kathy shared which ones: RSU 40, Lincoln Academy & Morse • Melissa – could MS students go to a HS clinic, if there is not a middle school? Kathy will ask AniPat re Morse • School Nurse awareness complete! • Melissa met with the DPHIP Mental Health committee to identify overlapping strategies, and began the conversation. • MPN Grant has some trainings, we will focus on restorative practices • When Mental Health resources are on the DCC agenda, Melissa & Cathy will reach out to for panelist ideas. • Mid Coast Hospital has a federal mental health training grant, CHA & Lincoln are applying for a grant. MHAT grants offer Mental Health 	

	<p>trainings to lay folks to identify and connect to resources and improve environments (eg Sources of Strength, Mental Health First Aid)</p> <ul style="list-style-type: none"> • Also, Melissa learned that there may be state funding for Source of Strength, maybe NAMI? <p>Mental Health:</p> <ul style="list-style-type: none"> • reinforce priorities, address anti-stigma campaign, also want to talk about resiliency. Also want to bring in resiliency network and make sure they are able to do presentations. <p>SDOH</p> <ul style="list-style-type: none"> • Continue education goals 	
Wrap Up & Adjourn	The meeting adjourned.	

Next Steering Committee Meeting: Zoom- August 8, 2023
Next MPHC Meeting: Zoom- September 12, 2023